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SECOND CABARET SCHEDULED FOR AUG. 13

SOUTHPORT, Conn., July 21, 2008—Back by demand, Linda Thompson of Southport will perform “Heartbeats: A Cabaret of Poetry, Readings and Songs” on Wednesday, Aug. 13, at Seychelles dress shop, 242 Post Road East in Westport. The free event will support the release of her new novel, “I Am My Own Dragon,” and take place from 5:30 to 7:30 p.m. Wine and cheese will be served. For those also interested in shopping, 15 percent will be taken off all purchases.

A sought-after motivational speaker, singer and accomplished businesswoman, Thompson will sing Broadway and popular songs, as well as read from “Dragon” and her first published poetry collection, “Life As We Know It.” The collection features many of the same inspirational, encouraging themes found in “I Am My Own Dragon.”

A metaphysical, “fictional memoir” featured at Book Expo America 2008 in Los Angeles, “Dragon” is described by the Clarion Review as a story of hope and transformation that has the power to “jolt the reader out of complacency.” The book is written as a conversation between the reader and main character Lucy March, who asks readers to examine the “roadblocks” that may be holding them back.

One way to overcome these roadblocks, and live a fabulous life, is to discover the dragon—the power—that burns deep inside.

Autographed copies of “I Am My Own Dragon” and “Life As We Know It” will be available for purchase at Seychelles. Those interested in attending should please call the store at (203) 341-9960.

For more information on the books, visit www.iammyowndragon.com.

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